

# YLHS Men's Lacrosse Student/Parent Handbook



**2023-24 Season**

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Dear YLHS Lacrosse Parents/Guardians and Students:

Welcome to the Yorba Linda High School Men's Lacrosse Program!

The Men's Lacrosse program got its start thanks to the efforts of our 2009-2010 team members and parents. Keeping this incredible lacrosse program going for these boys over the past thirteen years required so many parents, student-athletes, and coaches to unite towards a common goal, to volunteer a great deal of time, to raise funds to keep it going, and to support these kids fully.



Because the lacrosse program is largely self-funded, we will have to raise the vast majority of the money needed to pay for coaches, off-season training, the banquet, and more. We need all of our lacrosse families to financially support the program in order to make it a success. Some of the details of this support are outlined here in the handbook, and others will be provided by the Program Director and the Booster Board as we move forward.

Lacrosse is the fastest growing high school sport in California, and the coaching staff and student-athletes are committed to continuing our success. We welcome all of you to our 14<sup>th</sup> season of what has become a great tradition in the athletics programs at Yorba Linda High School, and we look forward to an exciting season of competitive lacrosse!

Go Mustangs!

YLHS Lacrosse Booster Club Board

## EXECUTIVE BOARD

<b>President – Aaron Vento</b>	<b>laxylhs@gmail.com ventofam5@gmail.com</b>
<b>Vice President – Morgan Reed</b>	<b>morgan.reed2009@yahoo.com</b>
<b>Treasurer – Julie Cortes</b>	<b>jujucortes@sbcglobal.net</b>
<b>Secretary – Jason Fox</b>	<b>Jasonfox33@gmail.com</b>
<b>Program Director and Head Coach – Bobby Dabrieo</b>	<b>bobbyd48@gmail.com</b>

## GENERAL POLICIES

### Financial Information

The Booster Club is responsible for raising funds to cover the cost of uniforms, equipment, off-season coaching stipends, and the banquet. The school district pays for our head varsity coach and head JV coach during lacrosse season **only** (one per team).

In order to meet the program's financial commitments, the Booster Club has a suggested donation of \$900.00. This includes \$150 for off-season coaching, training, and conditioning; \$750 suggested donation.

Booster Club Suggested Donation - \$900

- \$150 off-season program
- \$750 suggested donation

**The suggested donation of \$900.00 is requested by March 1, 2024. If your son did not participate in the off -season training program, the off-season portion of \$150.00 can be deducted.**

**YLHS Mustangs Lacrosse Booster Club is a 501(c)(3) organization (IRS EIN 27-0972713).**

**All donations collected by March 1, 2024** enable the program to be successful and avoid budget cuts that could affect the integrity and success of the program.

**Make checks payable to: YLHS Lacrosse Booster Club**

**OR**

**Pay by Venmo: @YLHSLAX**

If there is a financial limitation/concern for your family, please contact Booster President, Aaron Vento via email at [ventofam5@gmail.com](mailto:ventofam5@gmail.com) or Booster Treasurer Julie Cortes at [jujuortes@sbcglobal.net](mailto:jujuortes@sbcglobal.net) . The budget and financial information is available for review at any time.

### Fundraising

We need the help of all families to provide an excellent lacrosse program. This season, each lacrosse student-athlete will have the opportunity to participate in fundraising opportunities to further help the lacrosse program grow. The Booster Club and Program Director believe it is reasonable to expect each member to participate equally in these opportunities.

## Transportation Fees

The school district requires that every student involved in extracurricular activities pay a transportation fee to defray the costs of busing students to off-campus activities. Transportation fees are determined by PYLUSD. The transportation fee for men's lacrosse student-athletes this year is **\$100.00<sup>1</sup>** and is **paid to the finance office at Yorba Linda High School (not the Booster Club)** prior to the start of spring season. The transportation fee must be paid prior to the start of lacrosse season and can be purchased at Registration in August. No student will be allowed on the bus until this fee is paid. **Note:** this is *not* part of the lacrosse suggested or fundraising donation amounts, and the Booster Club has no control over setting the amount or the due date.

## ASB Card

All student-athletes are encouraged to purchase a Yorba Linda High School ASB Card, as outlined in the YLHS Student Handbook. This card is purchased at Registration in August. The holder of the card is entitled to discount admission to all home and away athletic events and reduced prices for the YLHS yearbook and dance tickets.

## 6th Period PE/Practice

We will utilize the fields at YLHS and possibly other fields in the community as needed for our off-season practices this school year. All students who turn in their Booster Club membership paperwork at registration, have a current athletic clearance packet on file with YLHS, and have the approval of the Men's Lacrosse program Head Coach will be put into the 6<sup>th</sup> period Lacrosse PE class in order to accommodate our off-season and spring season schedule. **Transportation to and from offseason practice is not provided by YLHS or the Booster Club.**

**In-Season:** Times are TBD and will be communicated through the Remind app.

## Attendance

**Punctual and daily attendance is required.** If for any reason a student-athlete will be absent from practice, note that the Program Director will follow Yorba Linda High School rules for all absences.

Attendance will be taken at each practice. If for some reason a student will miss a practice or game for any reason other than sudden illness or injury, the Program Director must be notified ***by the student*** at least two days in advance. In case of illness or injury, please notify the Program Director the day of absence via email or text.

## Uniforms and Helmets

Student-athletes keep their uniforms and helmets during the entire lacrosse season and must return clean uniforms at the end of lacrosse season to the Athletic Department's equipment manager at a time determined by the Program Director. The student-athlete is responsible for ensuring that his uniform and helmet remain in good condition. Students and/or parents are financially responsible for any damage caused to the uniform due to negligence or misuse. Failure to return the helmet or home and away uniforms will result in an indebted notice generated by YLHS against the student's account.

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<sup>1</sup> This amount is subject to change as directed by YLHS/PYLUSD. We will advise if this occurs.

## **Athletic Clearance Packets**

Each student must complete an Athletic Clearance Packet. This packet must be filled out online through an account on FamilyID. Please go to the YLHS website and click on ATHLETICS then, CLEARANCE FORMS. This packet includes various forms required by the school district including:

- ✓ Parent permission, Emergency Medical and Waiver of Claims for Transportation of Students
- ✓ Athletic/Auxiliary Insurance Certification
- ✓ DMV/Risk Management/PYLUSD Rules & School Driver Registration Form
- ✓ Residential Athletic Eligibility
- ✓ PYLUSD Athletic Code of Conduct
- ✓ CIF Code of Ethics
- ✓ CIF/District Eligibility Rules
- ✓ Early Release from Athletic Period & Student/Parent Athletic Agreement
- ✓ Androgenic/Anabolic Steroid Contract
- ✓ Sports Pre-Participation Assessment\*
- ✓ **Copy of Front and Back of Insurance Card [Mandatory]**

These forms must be turned in prior to the start of off-season practice. Participation in lacrosse practice and games will not be allowed until all necessary paperwork is completed and turned in and athletic clearance is given by YLHS.

Forms are available to download and print off the school website at [ylhs.org](http://ylhs.org) under the athletics tab.

Those students already participating in a fall sport (football, cross country, etc.) do not need to file an additional athletic clearance packet. Just advise the counseling office that you will be playing lacrosse also.

**2023-2024 YORBA LINDA HIGH SCHOOL MEN’S LACROSSE  
BOOSTER CLUB DONATION AND INFORMATION FORM**

The YLHS Men’s Lacrosse Program is proud to offer its student-athletes and families the finest high school lacrosse program in North Orange County. Our program is 100% self-funded and provides its student-athletes a full year of exceptional lacrosse training. With eight Century League Championships and three playoff berths over our last three complete seasons, the 2024 season is looking even brighter!

**Our program offers:**

- ✓ Varsity Head Coach & Varsity Assistant Coaches
- ✓ Junior Varsity Coach
- ✓ September - June Lacrosse Training (two semesters)
- ✓ Conditioning & Training
- ✓ Game Day Shooter Shirt, and practice kits
- ✓ Uniforms, helmets, nets, and balls
- ✓ Professional game filming and breakdown with Yellow Hat/Hudl (Varsity)
- ✓ Player/team patches and trophies, Coaches Plaques and Thank you’s
- ✓ Player Banquet Fee, End-of-Season recognition gifts
- ✓ Senior Night Celebration

<b>TOTAL SUGGESTED DONATION – 2023-2024 YLHS MEN’S LACROSSE</b>	<b>\$900.00</b>
Off-season Coaching/ Training/Conditioning	\$150.00
Suggested donation	\$750.00

**Pay by Venmo: @YLHSLAX**

**Make checks payable to: YLHS Lacrosse Booster Club  
Turn checks in to Coach Bobby or Booster Member OR Mail to:  
YLHS Lacrosse Booster Club  
P.O. Box 845  
Yorba Linda, CA 92885**



## VOLUNTEER OPPORTUNITIES

*To ensure we will have the necessary help to run a high-quality program, the team will expect all families to volunteer in some capacity. Positions will be assigned on a first come, first served basis.*

### **FUNDRAISING:**

- ✓ Volunteer to work with the Booster Board assisting with any team fundraisers.  
**Have a great fundraising idea? Please let us know!**
- ✓ Participate in the Savers clothing/shoes fundraiser
- ✓ Solicits new sponsorship opportunities.

### **TEAM SUPPORT VOLUNTEER POSITIONS:**

#### **Banner Manager:**

- ✓ Bring and post Yorba Linda Men's Lacrosse banner and all sponsor advertising banners to each JV & Varsity home game. Take down and store banners in the concession stand after the season.

#### **Photographer (at least one per team):**

- ✓ Take candid shots of student-athletes throughout the year
- ✓ Submit selected photos to webmaster
- ✓ Work with banquet committee to produce end of year slideshow
- ✓ Must have own equipment and be skilled at taking action photos
- ✓ Organize photos by student-athlete or team as needed

#### **End of Season Picture Coordinator:**

- ✓ Work with Booster Club & photographers to produce end of year pictures

#### **Timekeepers & Stats:**

- ✓ Run game clock and penalty clock at home games during season.
- ✓ 1 person needed for JV game clock & 1 person needed for Varsity game clock **(Training will be provided!)**
- ✓ 2 or more volunteers needed to record live game statistics at the game score table.  
**(Training will be provided!)**

#### **Varsity Home Game Announcer:**

- ✓ Announce game commentary at all Varsity home games in Shapell Stadium during season

#### **Announcer Assistant (helps in press box)**